



2025-2026 COIL COHORT

UArctic's Collaborative Online International Learning (COIL) thematic network and The Yellow Tulip Project (YTP) are inviting students to be part of the 2025-2026 COIL cohort. As a member of this second COIL project you have the opportunity to truly make a difference in our understanding of global mental health. This innovative, collaborative, inter-university project will explore critical topics in global mental health.

It takes a vital village to make a difference in addressing mental health and by working collectively to explore stigma, self care and other critical issues, we can make a difference.

WHAT IS IT?

- A voluntary, collaborative, online, international, learning opportunity (COIL)
- An innovative approach to addressing global mental health

WHAT DO WE DO?

Discuss strength based approaches to addressing mental health:

- What does self care look like on your campus?
- How is mental health addressed in your community?
- Plant a Hope Garden on your campus or in your community
- What works? What's missing? What can we learn from each other?

WHAT IS THE TIME COMMITMENT?

- Bi-monthly meetings held via GoogleMeets

WHAT ARE THE BENEFITS OF PARTICIPATING IN THIS PROJECT?

- Connect with other students from across the Arctic and across the globe to explore innovative solutions to mental health issues
- Collectively share your findings with the COIL thematic network
- Opportunities to publish articles and blog posts

WHO ARE THE ORGANIZERS?

- [The Yellow Tulip Project](#) - a U.S. based nonprofit organization with a mission to smash the stigma associated with mental illness, build community and spread hope.
- [COIL@UArctic](#) is a future-focused, virtual learning strategy designed to promote collaborative learning among students across the Arctic and beyond.

Please contact Izzy Crawford (COIL@UArctic Lead) if you would like to know more: i.c.crawford@rgu.ac.uk

TOGETHER WE CAN MAKE A DIFFERENCE